

# Arrival Day Dinner Menu

### - Starters -

### Mini Festive Toad-in-the-Hole 210Kcal

A Yorkshire pudding filled with bacon wrapped chipolatas, caramelised red onion chutney and crushed potatoes

**Tomato & Basil Soup** 73Kcal Homemade Tomato & Basil Soup

### Cheese & Onion Tart 1 259Kcal

A pastry tart with a creamy cheese and caramelised onion filling, served with a fruit chutney

### Main Courses

### Oven Baked Herb Chicken 529Kcal

Traditionally oven baked chicken breast with sage and onion stuffing, served with pan gravy, with crushed potatoes, broccoli florets and carrots

### Fillet of Hake 328Kcal

Served with parsley sauce, crushed potatoes, broccoli florets and carrots

### Vegetable Curry 00 400Kcal

### (pre-order in the morning)

Vegetable curry made with mixed vegetables, spices and herbs; served with rice and a poppadom

#### **House Seasonal Salad**

Traditional salad served with a choice of ham 220 Kcal, chicken 218 Kcal, cheese 2520 Kcal or tuna 213 Kcal

Jacket Potato (pre-order in the morning) A baked potato served with salad and topped with a choice of beans 9510 Kcal, cheese 9675 Kcal or tuna 521 Kcal

### - Desserts -

### Sticky Toffee Pudding 1 598Kcal

Indulgent sponge infused with warm toffee, served with custard or cream

### Pavlova 1 320Kcal

Meringue nest with mixed berries and

### Cheese & Biscuits U 442 Kcal

A trio of cheese served with celery, grapes and savoury biscuits

### Medley of Ice Cream 291 Kcal

A delicious choice of strawberry, vanilla and chocolate ice cream with a crispy wafer

### Fruit Salad @ 98 Kcal

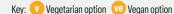
A refreshing combination of seasonal fruits

### Chef's Vegan Dessert 100

Please ask for today's selection (pre-order in the morning)

### - Tea & Coffee -

Do you suffer from any particular food allergies? Don't forget to advise one of our team. Many of our dishes can be made gluten free although these will need to be pre-ordered. Cooking oils used may contain genetically modified soya. All calorific values are per serving and are correct at the time of menu print. The recommended daily calorie intake is 2000Kcal for women and 2500 Kcal for men. Please note that although some products may not contain any allergens, they may have been prepared in an environment containing allergens, such as nuts, dairy or gluten.







## Breakfast Menu

### Beverages & Toast -

### **Selection of Chilled Fruit Juices**

(56 Kcal)

A refreshing choice of orange, apple or cranberry juice

Tea & Coffee 00

Including a selection of Fruit & Herbal Teas

**White or Wholemeal Toast** 

(138 Kcal)

### - Starters -

Grapefruit segments 100 (36 Kcal)

Yoghurt (1) (45 Kcal)

Prunes (80 Kcal)

Wheat Biscuits (147 Kcal)

Muesli (114 Kcal)

Cornflakes (122 Kcal)

Fruit & Fibre (114 Kcal)

Scottish Porridge Oats (67 Kcal)

### - Main Courses -

### Traditional British Breakfast (826 Kcal) with Fried Eggs (120 Kcal), Scrambled Eggs

(152 Kcal) or Poached Eggs (74 Kcal), Grilled Bacon (72 Kcal), Pork Sausage (241 Kcal), Hash Brown (224 Kcal), Tomato (17 Kcal), Fried Bread (60 Kcal) and

Baked Beans (92 Kcal)

Vegetarian Breakfast (1) (615 Kcal) with Fried Eggs (120 Kcal), Scrambled Eggs (152 Kcal) or Poached Eggs (74 Kcal), Vegetarian Sausage (102 Kcal), Hash Brown (224 Kcal), Tomato (17 Kcal), Fried Bread (60 Kcal) and Baked Beans (92 Kcal)

Vegan Breakfast (10) (513 Kcal) with Vegan Sausage (120 Kcal), Hash Brown (224 Kcal), Tomato (17 Kcal), Fried Bread (60 Kcal) and Baked Beans (92 Kcal)

Lightly Poached Smoked Fish (166 Kcal)

Cold Ham & two Fried Eggs (347 Kcal)

Cold Ham & Cheese Selection (285 Kcal)

Fruit Salad (10) (86 Kcal)

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# Twixmas Day 2 Dinner Menu

### - Starters -

### Classic Prawn Cocktail 165Kcal

Prawns in a marie-rose sauce, served on a bed of lemon dressed leaves

Winter Vegetable Soup 102Kcal Homemade Vegetable Soup Breaded Mushrooms 152Kcal Breaded Mushrooms with garlic mayonnaise dip

### - Main Courses -

### **Traditional Roast Beef with Yorkshire Pudding** 551Kcal

Served with horseradish sauce, cabbage, carrots, roasted potatoes and pan gravy

### Fillet of Cod in a Lemon and Dill Butter Sauce 604Kcal

Fillet of Cod in a lemon and dill butter sauce, served with cabbage, carrots and roasted potatoes

### **Smokey Bean and Roasted Vegetable**

**Chilli** © 604Kcal (pre-order in the morning) A warming vegetarian chilli served with rice

#### House Seasonal Salad

Traditional salad served with a choice of ham 220 Kcal, chicken 218 Kcal, cheese 520 Kcal or tuna 213 Kcal

Jacket Potato (pre-order in the morning)
A baked potato served with salad and topped with a choice of beans 9 510 Kcal, cheese 9 675 Kcal or tuna 521 Kcal

### - Desserts -

### **Traditional Bread &**

**Butter Pudding** 346Kcal

Baked bread and raisins served with cream or custard

Black Cherry Cheesecake 375Kcal
A smooth cream cheesecake on a biscuit
base, with a black cherry topping and
served with cream

Cheese & Biscuits U 442 Kcal A trio of cheese served with celery, grapes and savoury biscuits

### Medley of Ice Cream 291 Kcal

A delicious choice of strawberry, vanilla and chocolate ice cream with a crispy wafer

### Fruit Salad @ 98 Kcal

A refreshing combination of seasonal fruits

### Chef's Vegan Dessert 100

Please ask for today's selection (pre-order in the morning)

### - Tea & Coffee -

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Key: Vegetarian option Ve Vegan option



# **Twixmas** Day 3 Dinner Menu

### - Starters -

### Chef's Fishcake 275Kcal

A lightly fried salmon fishcake on a bed of lemon dressed leaves

Leek & Potato Soup 0 96Kcal Homemade Leek & Potato Soup

### Welsh Rarebit 260Kcal

A traditional Welsh dish of toasted bread topped with a savoury cheddar cheese sauce

### - Main Courses -

### Traditional Roast Pork 626Kcal

Roast pork with seasonal stuffing and served with an apple cider sauce, roasted root vegetables, peas and mashed potatoes

### Alfredo Salmon Pasta 702Kcal

Spaghetti pasta tossed with a creamy parmesan sauce and flakes of salmon and served with garlic bread

### Vegan Sausage and Mash 100 792Kcal (pre-order in the morning)

A duo of vegan sausages nestled on a bed of mashed potatoes served with gravy, roasted root vegetables and peas

### **House Seasonal Salad**

Traditional salad served with a choice of ham 220 Kcal, chicken 218 Kcal, cheese 520 Kcal or tuna 213 Kcal

**Jacket Potato** (pre-order in the morning) A baked potato served with salad and topped with a choice of beans 00 510 Kcal, cheese 0 675 Kcal or tuna 521 Kcal

### Desserts

### Apple Crumble 1 491Kcal

Sweet stewed apples with a crumbly, crunchy top and served with custard or cream

### Chocolate Yule Log 1 338Kcal Chocolate sponge log layered and decorated with chocolate icing

Cheese & Biscuits 1 442 Kcal A trio of cheese served with celery, grapes and savoury biscuits

### Medley of Ice Cream 2291 Kcal

A delicious choice of strawberry, vanilla and chocolate ice cream with a crispy wafer

### Fruit Salad @ 98 Kcal

A refreshing combination of seasonal fruits

### Chef's Vegan Dessert 100

Please ask for today's selection (pre-order in the morning)

### - Tea & Coffee -

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